



## PIZZAS

	9"	16"
Cheese	\$8.25	\$15.25
Pepperoni	\$10.25	\$19.25
Vegetarian	\$10.25	\$19.25
All dressed	\$11.25	\$20.25

<b>Mont Cascades Gourmet</b> Pesto chicken, red onion, cherry tomatoes, peppers, black olives and feta cheese.	\$14.50	\$23.50
	★ NEW	

## STARTERS

Soup of the day	\$4.95
French onion soup	\$5.95
Fries	\$5.25
Onion rings	\$6.25
Popcorn chicken	\$10.99
General tao chicken	\$10.99
General tao poutine	\$11.99
Poutine classic	\$8.99

## SALADS

Caesar salad	\$10.25
Garden salad	\$9.99
Poke Bowl	\$10.99
Edamame, chickpea, peppers, zucchini, red onions, coriander and couscous.	

## CHICKEN WINGS

1/2 pound (6)	\$9.45
1 pound (12)	\$15.50
2 pounds (24)	\$22.50
BBQ, honey garlic, red hot, general tao.	

## NACHOS

All served with sour cream and pico de gallo.

Cheese	\$8.99
Vegetables	\$13.25
St. Albert cheese blend, green onions, assorted pepper, black olives, hot peppers.	

## PLATTERS

All served with fries or garden salad and coleslaw.  
Gluten free bread - \$2.

<b>Club sandwich</b>	\$15.99
Sliced chicken breast, bacon, lettuce tomato and mayonnaise on white or whole wheat bread.	
<b>Smoked meat on a rye brioche bun</b>	\$15.99
4.5 oz of smoked meat with russian sauce. Add swiss cheese and sauerkraut - \$2.	
<b>Caeser chicken wrap</b>	\$15.99
Sliced chicken breast, bacon, lettuce cheese and caesar sauce on a tortilla.	
<b>Veggie burger</b>	\$14.99
Lightlife* pattie, tomato, lettuce, red onions and red ale BBQ sauce, served on a brioche bun.	
<b>Cascades burger</b>	\$14.99
7 oz beef pattie, tomato, lettuce and red onions served on a brioche bun.	
<b>Fish and chips</b>	\$15.25
Beer battered atlantic 8.5 oz cod filet served with home made tartar sauce.	
<b>Chicken fingers (5)</b>	\$15.25
Breaded chicken stripes served with sweet chili sauce.	
<b>Oktoberfest sausage 7" on a brioche bun</b>	\$14.99
Served with sauerkraut and dijon.	

## EXTRA

Add cheese - \$1.00

Add Chicken - \$3.00

Add bacon - \$2.25

Taxes and tip not included