



CASCADES PLATTERS

SERVED WITH FRIES OR GARDEN SALAD & COLESLAW

THE CLASSIC CLUB

\$15.99

SLICED CHICKEN BREAST, BACON, LETTUCE, TOMATO & MAYONNAISE. CHOICE OF WHOLE WHEAT OR WHITE BREAD.

◆ MARINATED TOFU WRAP

\$13.50

SPINACH TORTILLA, LA SOYARIE MARINATED TOFU, HUMMUS, GRILLED VEGETABLES & LETTUCE.

CEASAR CHICKEN WRAP

\$15.99

TORTILLA, SLICED CHICKEN BREAST, LETTUCE, BACON & CHEESE.

CASCADES BURGER

\$14.25

7 OZ BEEF PATTIE, TOMATO, LETTUCE & RED ONIONS.

◆ VEGGIE BURGER

\$14.50

LA SOYARIE HERBAL TOFU PATTIE, TOMATO, LETTUCE & RED ONIONS.

ADD BACON - \$1.75

ADD CHEESE - \$1.50

GLUTEN FREE BREAD- \$2

◆ NACHOS

\$13.25

ST-ALBERT MOZZARELLA & CHEDDAR BLEND CHEESE, GREEN ONIONS, MIXED DICED PEPPERS, BLACK OLIVES & HOT PEPPERS. SERVED WITH HOMEMADE PICO DE GALLO SALSA & SOUR CREAM.

SALADS

CEASAR

\$9.25

ROMAINE LETTUCE, BACON, HOMEMADE CROUTONS & PARMESAN.

◆ GARDEN

\$10.99

ROMAINE LETTUCE & SEASONAL VEGETABLES

ADD CHICKEN- \$3

STARTERS

FRENCH FRIES

\$5.25

ONION RING

\$6.25

POPCORN CHICKEN

\$10.99

POUTINE

\$8.99

CHICKEN WINGS

1/2 POUND (6)

\$9.25

1 POUND (12)

\$15.25

2 POUNDS (24)

\$22.25

AVAILABLE SAUCE : BBQ, HONEY & GARLIC, RED HOT \$ GENERAL TAO.

TAXES & TIP
NOT INCLUDED